

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# December 2018

**Birthdays:**

**Annie C. 3<sup>rd</sup>**

**Ester S. 22<sup>nd</sup>**

**Marilyn L. 26<sup>th</sup>**

Shabbat 1

10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is served  
2:00 Project Care  
Volunteers/Alpharetta HS  
3:00 Snack & Social  
4:00 Classic Cinema

10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Word Unscramble  
2:00 Chess with Mathew  
3:30 Remember When...  
4:00 Tall Ben Senior  
Volunteers (BINGO)  
5:00 Welcome Chanukah  
candle lighting and latkes

2

10:00 Fitness with Frank  
10:30 Morning Gathering  
11:00 Chanukah Art Class  
with Stevie  
12:00 Lunch is served  
1:30 Chanukah Sing-along  
with Vicki  
2:00 Pampering Nail Spa  
3:00 Afternoon Brain Games  
with Lisa & Jesse/ Snack

3

10:00 Zumba with Janice  
10:30 Morning Gathering  
11:00 Publix Shopping Run  
12:00 Lunch is served  
1:30 Dor Tamid Sisterhood  
Chanukah Celebration  
with Cantor Zuspan  
3:00 National Cookie Day  
4:00 Music & Movement  
Beauty Parlor Open

4

10:00 Tai Chi with Shane  
10:30 Morning Gathering  
11:00 Terrific Trivia  
12:00 Lunch is served  
1:30 Discovery  
2:30 Torah Talk with Frank  
3:00 Chanukah Traditions &  
Memories with Lisa/ Snack  
5:15 Chanukah Concert  
with Olivia

5

10:00 Yoga with Nancy  
10:30 Morning Gathering  
10:30 Pet Therapy Visit  
11:00 Chanukah Arts &  
Crafts with Alison  
12:00 Lunch is served  
1:30 Classical Music Hour  
2:30 Hearthstone Book Club  
3:00 Nosh & Natter  
4:00 Let's Laugh!

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10:00 Chair Aerobics  
with Sam  
10:30 Morning Gathering  
11:00 Dreidel Game  
12:00 Lunch is served  
1:30 Chanukah Stories  
3:00 Music & Munchies  
4:30 Kabbalat Shabbat  
with Rabbi Baroff

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Shabbat 8  
10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is served  
12:00 Read with us Small  
Miracles for the Jewish Heart  
3:00 Saturday Snack  
4:00 Chanukah Party  
Guardians of the Torah

10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:00 Order of David Cake &  
Ice Cream Social  
3:00 National Pastry Day/  
Snack  
3:30 BINGO

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10:00 Fitness with Frank  
10:30 Morning Gathering  
11:00 Trivia  
12:00 Lunch is served  
1:45 Chanukah Piano  
Concert with Debbie  
3:00-5:00 Afternoon Games  
with Lisa & Jesse/ Snack

10

10:00 Zumba with Janice  
10:30 Morning Gathering  
11:00 Word games  
12:00 Lunch is served  
1:30 Travel Club  
2:00 Serenity Spa  
3:00 Music & Munchies  
3:00 Jewish Learning with  
Rabbi Beiner  
Beauty Parlor Open

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10:00 Tai Chi with Shane  
10:30 Morning Gathering  
11:00 Music Therapy- Tae  
12:00 Lunch is served  
1:30 Frank Sinatra's Birthday  
2:00 Rabbi Lindenblatt  
2:30 Torah Talk with Frank  
3:00 Snack & Chat  
3:30-5:00 Brain Games with  
Lisa

12

10:00 Yoga with Nancy  
10:30 Morning Gathering  
11:00 Current Events  
12:00 Lunch is served  
1:30 World Music Hour  
2:30 Hearthstone Book Club  
3:00 Nosh & Natter  
3:30 Discovery  
4:00 Music & Movement

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10:00 Chair Aerobics  
with Sam  
10:30 Morning Gathering  
11:00 JHLC Mommy & Me  
12:00 Lunch is served  
1:30 Lingo Bingo  
2:00 Beethoven's Birthday!  
3:00 Snack & Social  
4:30 Kabbalat Shabbat with  
Harley & Rabbi Baroff

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Shabbat 15  
10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is served  
2:00 Puzzles & Board Games  
3:00 National Lemon  
Cupcake Day/ Snack  
4:00 Inspiring Stories  
6:45 Weekend Movie

10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Afternoon at the Ballet  
2:00 Lingo Bingo  
3:00 Sunday Snack  
3:30 Dominos  
4:00 Discovery

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10:00 Fitness with Frank  
10:30 Morning Gathering  
11:00 Art with Stevie  
12:00 Lunch is served  
1:30 The Reminiscents  
2:30 Pampering Nail Spa  
3:00- 5:00 Afternoon Games  
with Lisa & Jesse/ Snack

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10:00 Zumba with Janice  
10:30 Morning Gathering  
10:30 Mah Jongg w/Sue  
11:00 Sing along with us  
12:00 Lunch is served  
1:30 Cooking Club  
2:30 Serenity Spa  
3:00 Music & Munchies  
3:30 Listen & Learn  
Beauty Parlor Open

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10:00 Tai Chi with Shane  
10:30 Massage- Davida  
11:00 Terrific Trivia  
12:00 Lunch is served  
130 Music & Movement  
2:30 Torah Talk with Frank  
3:00 Snack & Chat  
3:30-5:00 Brain Games with  
Lisa

19

10:00 Yoga with Nancy  
10:30 Morning Gathering  
11:00 Current Events  
12:00 Lunch is served  
2:00 Jewish Trivia  
2:30 Singer Laura McCarthy  
3:00 Nosh & Natter  
3:30 Hearthstone Book Club  
4:00 BINGO

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10:00 Chair Aerobics  
with Sam  
10:30 Morning Gathering  
11:00 Karaoke  
12:00 Lunch is served  
1:30 Discovery  
2:30 Lingo Bingo  
3:00 Music & Munchies  
4:30 Kabbalat Shabbat with  
Rabbi Baroff

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Shabbat 22  
10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is served  
1:30 Giacomo Puccini's  
Birthday/ Music Hour  
3:00 Saturday Snack  
4:00 Color & Create

10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Putting the Pieces  
Together (Puzzle)  
3:00 Sunday Snack  
3:30 BINGO

23

10:00 Fitness with Frank  
10:30 Morning Gathering  
11:00 Discovery  
12:00 Lunch is served  
1:30 Debby on Piano  
2:30 Pampering Nail Spa  
3:00-5:00 Afternoon Games  
with Lisa & Jesse/ Snack  
Beauty Parlor Open

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10:00 Fitness Club  
10:30 Morning Gathering  
11:00 Pinch Hitter Volunteers  
11:00 Word Games  
12:00 Lunch is served  
1:30 Movie Matinee  
2:00 Serenity Spa  
3:00 Natl Pumpkin Pie Day  
4:00 Afternoon Games

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10:00 Tai Chi with Shane  
10:30 Morning Gathering  
11:00 Cheese Cake Factory  
outing with Lunch Bunch  
12:00 Lunch is served  
1:30 Learn with Ted Talks  
2:30 Torah Talk with Frank  
3:00 Snack & Chat  
3:30-5:00 Afternoon Games  
with Lisa

26

10:00 Yoga with Nancy  
10:30 Morning Gathering  
11:00 Current Events  
12:00 Lunch is served  
1:30 Resident Council  
2:00 Remember When...  
2:30 Hearthstone Book Club  
3:00 Nosh & Natter  
4:00 Comedy Hour

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10:00 Chair Aerobics  
with Sam  
10:30 Morning Gathering  
11:00 Lawrence on Guitar  
12:00 Lunch is served  
2:00 Discovery  
3:00 Birthday Celebration  
with Janet on Piano/ Cake  
4:30 Kabbalat Shabbat with  
Rabbi Baroff

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Shabbat 29  
10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is served  
2:00 Crosswords  
3:00 Saturday Snack  
4:00 New Year Resolutions  
6:45 Weekend Movie

10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Afternoon Documentary  
3:00 Sunday Snack  
3:30 2018 Reflection  
4:00 Lingo BINGO

30

10:00 Fitness with Frank  
10:30 Morning Gathering  
11:00 Karaoke  
12:00 Lunch is served  
1:00 Out for Starbucks &  
Afternoon Drive  
1:30 Rummikub Club  
2:30 Pampering Nail Spa  
3:00 A Look Back at 2018 in  
The Cohen Home

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Multi-Purpose Room (Group)  
Entertainers/volunteers  
Library (Rummikub on Thursday)  
Pathways (BINGO, Matinees)  
Media Room (Torah Talk, Book Club, Tai Chi)  
Special Events

Activity Room (Board Games, Mah Jongg, Puzzles)  
\*\*\*\*\*5:00 Candle Lighting each night before dinner  
Dec 2<sup>nd</sup> -Dec 9<sup>th</sup> \*\*\*\*\*