

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2019

## Birthdays

9<sup>th</sup> David I.  
10<sup>th</sup> Howard E.  
23<sup>rd</sup> Ruth G.

10:00 Zumba w/Janice **1**  
10:30 Morning Gathering  
10:30 Mah Jongg w/Karen  
11:00 Trivia to Start The New Year  
12:00 Lunch is Served  
1:30 Sing Fit  
2:00 Serenity Spa  
3:00 Social & Snack  
4:00 Lingo Bingo  
New Year's Day

10:00 Tai Chi w/Shane **2**  
10:30 Morning Gathering  
11:00 BINGO w/Beth  
11:00 Lunch Bunch  
Outback Steak House  
12:00 Lunch is Served  
2:00 Discovery Book Club  
2:30 Torah Talk w/Frank  
3:00 Natl Crème Puff Day  
3:30 -5:00 Word Games

10:00 Yoga w/Nancy **3**  
10:30 Morning Gathering  
11:00 Karaoke  
12:00 Lunch is Served  
1:30 Lingo Bingo  
2:30 Hearthstone Book Club  
3:00 Natl Chocolate Covered Cherry Day/Snack

10:00 Chair Aerobics w/Sam **4**  
10:30 Morning Gathering  
11:00 National Trivia Day  
12:00 Lunch is Served  
2:00 Charades  
3:30 Atl. Symphony Orchestra's Nick Morrett in Concert.  
4:30 Kabbalat Shabbat w/Rabbi Baroff

**Shabbat** **5**  
10:30 Music & Movement  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Banana Gram  
2:30 Word & Board Games  
3:00 Saturday Social & Snack  
4:00 Afternoon Movie

10:30 Stay Fit Club **6**  
11:00 Morning Gathering  
12:00 Lunch is Served  
2:00 Jewish Times & Current Events  
3:00 Music & Social  
3:30 You Be the Judge  
4:00 Board & Word Games w/Olive

10:00 Fitness w/Frank **7**  
10:30 Morning Gathering  
11:00 11:00 Art Class w/Stevie  
12:00 Lunch is Served  
1:30 Rummikub Club  
2:00 Pampering Nail Spa  
3:00- Rabbi Judith Beiner  
4:00 An Afternoon w/Lisa

10:00 Zumba with Janice **8**  
10:30 Morning Gathering  
10:30 Mah Jongg w/Beth  
11:00 Chicken Soup For The Jewish Soul  
12:00 Lunch is Served  
1:30 Sing Fit  
2:00 Serenity Spa  
2:30 Crosswords  
3:00 Music & Munchies  
4:00 Inspiring Stories

10:00 Tai Chi w/Shane **9**  
10:30 Morning Gathering  
11:00 Music Therapy w/Tae  
12:00 Lunch is Served  
1:30 Jewish Trivia  
2:30 Torah Talk w/Frank  
3:00 Social & Snack  
3:30-5:00 Afternoon Games w/Lisa

10:00 Music & Movement **10**  
10:30 Morning Gathering  
11:00 Discovery  
12:00 Lunch is Served  
1:30 Jewish Jeopardy  
2:30 Hearthstone Book Club  
3:00 Afternoon Snack Time  
4:00 Remember when...

10:00 Chair Aerobics w/Sam **11**  
10:30 Morning Gathering  
11:00 Group Sing A Long  
12:00 Lunch is Served  
1:30 National Geographic's  
3:00 Snack & Chat  
4:30 Kabbalat Shabbat w/Rabbi Baroff

**Shabbat** **12**  
10:30 Stay Fit Club  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Let's Laugh Comedy Hour  
2:30 Rummikub Club w/Olive  
3:00 Snack & Chat  
4:00 Puzzle Time

10:30 Stay Fit Club **13**  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 The Jewish Georgian  
2:00 BINGO  
3:00 A Relaxing Afternoon Matinee w/Popcorn  
Movie is Resident s Choice

10:00 Fitness w/ Frank **4**  
10:30 Morning Gathering  
11:00 Jewish Trivia  
12:00 Lunch is Served  
1:30 Rummikub Club  
1:45 Piano Concert with Debbie  
2:30 Pampering Nail Spa  
3:00-5:00 Game Time with Lisa & Jesse

10:00 Zumba w/Janice **15**  
10:30 Morning Gathering  
10:30 Mah Jongg w/Karen  
11:00 Discovery Book Club  
12:00 Lunch is Served  
1:30 Sing Fit  
2:00 Serenity Spa  
3:00 Natl Strawberry Ice Cream Day

10:00 Tai Chi w/Shane **16**  
10:30 Morning Gathering  
11:00 BINGO w/Beth  
11:00 Lunch Bunch  
Marlow Tavern  
12:00 Lunch is Served  
2:00 Rabbi Lindenblatt  
2:30 Torah Talk w/Frank  
3:00 Social & Snack  
3:30-5:00 Word Games

10:00 Music & Movement **17**  
10:30 Morning Gathering  
11:00 Word In a Word  
12:00 Lunch is Served  
1:30 Michelle Obama Birthday & Biography  
2:30 Hearthstone Book Club  
3:00 Social & Snack  
3:30 Lingo Bingo

10:00 Yoga w/Nancy **18**  
10:30 Morning Gathering  
11:00 JHLC Mommy & Me  
12:00 Lunch is Served  
1:30 Karaoke  
2:30 Lingo Bingo  
3:00 Nosh & Natter  
3:30 Travel Club  
4:30 Kabbalat Shabbat w/Rabbi Baroff

**Shabbat** **19**  
10:30 Music & Movement  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Listen & Learn  
2:30 Puzzles & Crosswords  
3:00 Natl Popcorn Day/Snack  
4:00 Color & Create

10:30 Stay Fit Club **20**  
11:00 Morning Gathering  
12:00 Lunch is Served  
2:00 Jewish Times & Current Events  
3:00 Social & Snack  
3:30 Remember When...  
4:00 Classical Cinema

10:00 JHLC Holiday Project **21**  
11:00 Art Class w/Stevie  
12:00 Lunch is Served  
1:30 Rummikub Club  
1:30 The Reminiscent  
3:00 Natl Granola Bar Day/Snack  
3:00-5:00 Brain Games  
Martin Luther King Day Tu B'Shevat

10:00 Zumba w/Janice **22**  
10:30 Morning Gathering  
10:30 Mah Jongg w/Karen  
11:00 Charades  
12:00 Lunch is Served  
1:30 Sing Fit  
2:00 Serenity Spa  
3:00 Natl Blonde Brownie Day  
4:00 Dustin Hoffman's Bio

10:00 Tai Chi w/Shane **23**  
10:30 Morning Gathering  
11:00 BINGO w/Beth  
12:00 Lunch is Served  
1:30 Discovery Stories  
2:30 Torah Talk w/Frank  
3:00 Music & Munchies  
3:30-5:00 Mid Afternoon Word and Board Games w/Lisa

10:00 Yoga w/Nancy **24**  
10:30 Morning Gathering  
10:30 Pet Therapy w/Anna  
11:00 Word in A Word  
12:00 Lunch is Served  
1:30 The History Channel  
2:30 Hearthstone Book Club  
3:00 Social Hour

10:00 Chair Aerobics w/Sam **25**  
10:30 Morning Gathering  
11:00 Lawrence on Guitar  
12:00 Lunch is Served  
1:30 Jewish Celebrity Birthdays in January  
3:00 Music & Social w/Snack  
4:30 Kabbalat Shabbat w/Rabbi Baroff

**Shabbat** **26**  
10:30 Music & Movement  
11:00 Morning Gathering  
12:00 Lunch is Served  
1:30 Pocket Collection Short Stories  
2:30 Board Games w/Olive  
3:00 Music & Munchies  
4:00 Color & Create

10:30 Stay Fit Club **27**  
11:15 CDT Volunteers  
12:00 Lunch is Served  
2:00 Current Events  
2:30 Small Miracles for the Jewish Heart  
3:00 Natl Chocolate Cake Day  
4:00 Comedy Hour

10:00 Fitness w/Frank **28**  
10:30 Morning Gathering  
11:00 You be the Judge  
12:00 Lunch is Served  
1:30 Rummikub Club  
1:45 Songs on the Piano w/Debbie  
2:30 Pampering Nail Spa  
3:00-5:00 Afternoon Game Time with Lisa  
Australia Day (observed)

10:00 Zumba w/Janice **29**  
10:30 Morning Gathering  
10:30 Mah Jongg w/Karen  
11:00  
12:00 Lunch is Served  
1:30 Sing Fit  
2:00 Serenity Spa  
3:00 Snack & Chat  
4:00 Brain Teasers  
4:30 Word Games

10:00 Tai Chi w/Shane **30**  
10:30 Morning Gathering  
11:00 BINGO w/Beth  
12:00 Lunch is Served  
1:30 Discovery Stories  
2:30 Torah Talk w/Frank  
3:00 Snack & Chat  
3:30-5:00 An Afternoon Filled with Fun and games w/Lisa

10:00 Yoga w/Nancy **31**  
10:30 Morning Gathering  
11:00 Jewish Jeopardy  
12:00 Lunch is Served  
1:30 Resident Council  
2:30 Hearthstone Book Club  
3:00 Birthday Celebration w/Live Entertainment

**Legend**

- Multi-Purpose Room
- Entertainers/Volunteers
- Library
- Pathways
- Media Room
- Activity Room
- Special Events